



## SPECIAL EDITION

## SPRINGS







We are very excited to be able to offer a special edition learning programme.

With the theme of Information, Advice and Guidance we have put together some fabulous learning sessions on a number of common topics faced by organisations on a daily basis.

In partnership with our friends at:









Sessions will be run throughout March and spaces are limited so be sure to book your place soon!



These sessions are only for
Voluntary Sector staff members
and volunteers (max 2 per
organisation) and will be
subsidised through external
funding but will require a £10
refundable\* deposit to secure
your place



5 half day sessions to be delivered face to face at Citizens Advice Teignbridge Office 36-38 Market Walk, Newton Abbot

\*All sessions are usually £140\*

**Thursday 7th March** 13:00 - 16:00 **Tina Barrett** 

Indicators of an Advice need: 'Triggers and Clues'

**Book Here** 

Wednesday 13th March 10:00 - 13:00 John Beale

**Money Management** 

**Book Here** 

**Thursday 14th March** 13:00 - 16:00 Vincent Willson

**Benefits Overview** 

**Book Here** 

**Tuesday 19th March** 10:00 - 13:00 Vincent Willson

Only 12 Spaces! Benefits for older people

**Book Here** 

**Thursday 28th March** 10:00 - 13:00 Vincent Willson

**Disability Benefits** 

**Book Here** 





Half day session to be delivered face to face at Newtons Place 43 Wolborough Street, Newton Abbot, TQ12 1JQ

\*Session usually £140\*

Wednesday 27th March 10:00 - 13:00 **Nigel Ohlson** 

**Having Helpful Conversations** 'Psychologically Informed **Brief Dialogues'** 

The short contacts we have with service users can have significant health and wellbeing benefits when underpinned by Evidence Based Psychologically Informed Practice. Frontline staff and volunteers are already skilled in this area, but may not recognise the full impact of the conversations they have. This half day training will help participants to recognise their existing skills and give workers the confidence to introduce Cognitive and Behavioural techniques into their work. The content of the day will focus on anxiety Only 16 Spaces! and depression in both adults and young people and the teaching methods will be delivered priarily through group discussion and case study

**Book Here** 



1 hour session to be delivered online via Zoom

Tuesday 21st March 10:00 - 11:00 Fran Lawrence

**Introduction to Housing Solutions and Devon Home** Only 20 Spaces! Choice

**Book Here** 

**Teignbridge CVS** Sherbourne House, **Kingsteignton Road Newton Abbot, TQ12 2PF** 



