



Teignbridge CVS & DeVA

Learning Program
Autumn - Winter 2021



Welcome to our new Learning Program!



We have created a new programme to include learning events for Teignbridge groups, for Teignbridge and South Hams groups and, along with DeVA partners, have worked to produce a shared programme of learning opportunities available for all groups in Devon.

Please note which sessions are available for your group. Events listed are FREE and online unless otherwise stated. Those with a cost are offered at a subsidised rate for all VCSE groups.



Book a GDPR refresher session for your organisation...



We are offering 90 minute long GDPR refresher sessions for individual organisations in Teignbridge including time for a Q & A session so you can ask specific questions relevant to your services. It is recommended that organisations have regular updates/reminders to ensure they are working within the law.

We can offer a subsidised rate of £15 for a session. If your organisation would like to book a session at a time convenient for your team please email anja@teigncvs.org.uk

September

Emergency First Aid at Work

Monday 6 September 9.30 - 4.30

Courtenay Centre, Newton Abbot

Trainer: Lesley McGhee



**Cost: £55 VCS
£70 others**

Gain the skills and knowledge to provide treatment to your casualties in a prompt, safe and effective manner. A one-day Level 3 Award.

[Click here to learn more and book onto the session](#)

Digi-quick: 10 Tips on Cyber Security

Wednesday 8 September 10.00 – 10.45



We kick off our Digi-quick sessions with a beginners guide to cyber security for small charities. We'll cover 10 quick tips which focus on easy ways to make sure your staff and service users stay safe online.

Email ruth@teigncvs.org.uk to attend.

Digi-quick: 10 Tips for Social Media

Wednesday 15 September 10.00 – 10.45

Wondering where to start with social media? This session will cover the ins and outs – where you should be focussing your time, how you can create great looking content and how to maximise your impact.

Email ruth@teigncvs.org.uk to attend.



Coastal Caring Alliance

Thursday 16 September 10.00 – 12.00

Open only to
organisations in
Teignbridge

An invitation to voluntary, community, statutory and public sector organisations providing health and wellbeing support to the Coastal community to come together to:



- Engage in new developments for the Coastal area
- Meet with service providers from different sectors in the Coastal locality
- Identify opportunities for partnerships and collaborative working
- Identify gaps in provision and explore possible solutions
- Share news of their own service

To book a place email Katie Chaplin at services@teigncvs.org.uk

Families and Children Forum

Tuesday 20th September 10.00 - 11.30

Open only to
organisations in
Teignbridge

A regular forum for voluntary sector and community groups focussing on supporting needs of young people, children and families.

Theme/Guest Speaker to be confirmed.

Please contact elaine@teigncvs.org.uk if you wish to attend or would like to propose a particular issue to be addressed at the forum.

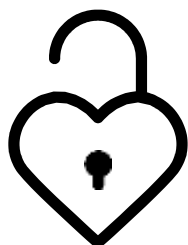


Digi-quick: Making Online Accessible

Wednesday 22 September 10.00 – 10.45

A quick tour around the world of online accessibility. We'll cover resources and easy steps you can take toward making sure your digital content is accessible for people with additional needs.

Email ruth@teigncvs.org.uk to attend.



Child Protection Training

Group 2 (Awareness)

Wednesday 29 September 1pm - 4.30pm

Facilitated by VOYC

£25 for VOYC
members
(membership is free)

The aim of this course is to develop understanding and awareness of abuse and neglect of children and young people and provide the knowledge and ability to act effectively on concerns about children and young people. **The target group for this course** is those who work regularly, or have a period of intense but regular contact with children and young people or with staff who may be in a position to identify concerns and who may be expected to contribute to the assessment of the child's developmental needs or the adult's parenting capacity.

[Click here to book your place](#)

Lottery Information Session

Wednesday 29 September 1.30 – 2.15



A short presentation on the Lottery open funding programmes, including National Lottery Awards for All and Reaching Communities, and what we look for in a good application. The session will include a Q&A section.

[Click here to book onto the session](#)

South Devon Digital Inclusion Forum

Thursday 23 September 10.00 – 12.00

Open only to
organisations in
Teignbridge and the
South Hams

A collaborative forum between Teignbridge CVS and South Hams CVS enabling voluntary groups working in South Devon to share projects, ideas, resources, ask questions and identify collaborative opportunities around the theme of digital inclusion.

All organisations are welcome, whether you are already working on digital inclusion or just starting out and interested in finding out more.

Email ruth@teigncvs.org.uk to attend



South Devon Food Alliance

Thursday 30th September at a new time
1.30 - 3.00

Open only to organisations in Teignbridge and the South Hams

A network meeting for large and small VCSE food providers, open access provisions and food redistribution charities in South Devon to find out about opportunities to work together, share resources and peer support.

We are hoping to welcome Early Help (Devon Children's and Families Partnership) to share information about what they do and how this may help you to support families with more than food if appropriate, plus there will be more information from Bankuet.

Please contact anja@teigncvs.org.uk if you would like to attend.



October

Volunteer Organisers Forum

Tuesday 4th October 1.30 - 3.30

Facilitated by Anja Kroening Maynard (Teignbridge CVS)



Sometimes being a paid or unpaid volunteer coordinator can be lonely: this forum gives you a space for meeting, networking and peer support with others in the same role. The main aim of the session is to offer opportunities to exchange ideas, good practice and trouble shoot, but we will also have a look at how we can involve volunteers with extra support needs particularly those with a learning disability.

[Click here to book a place.](#)

Mental Health First Aid Awareness

These 2x session short courses offer an introduction to mental health and mental health issues. The courses will include:

- Mental health and mental health issues
- Factors affecting mental health
- Stigmas and its impact on recovery
- Beginning a conversation with someone about their mental health
- Looking after your own mental health



**Wednesday 6 Thursday 7 October
10am - 12.30pm**

This course is **open to anyone working in the voluntary sector** who would like to increase their understanding of mental health.

Cost £22pp to cover certification, postage and resources. The usual cost of this course would be £125 and is being subsidised for voluntary and community groups by NDVS to support voluntary sector re-engagement and COVID recovery.

[Click here to book your place](#)

**Tuesday 7 & Thursday 9
December 10am - 12.30pm**

This course is specifically aimed at **Young People aged 18-25 working in the voluntary and community sector.**

Cost £17pp to cover certification, postage and resources. The usual cost of this course would be £125 and is being subsidised for voluntary and community groups by NDVS to support voluntary sector re-engagement and COVID recovery.

[Click here to book your place](#)

Safeguarding and DBS Basics

Thursday 7th October 10.00 - 11.30

Facilitated by Anja Kroening Maynard (TCVS)

£10 for VCSE
£20 others

We all want to keep our service users and volunteers safe - but how do we do this? This session looks at which roles are eligible for DBS checks but also at other at other steps we can take to ensure volunteers, service users, the public and our organisation stay safe and comply with relevant legislation.

[Click here to book a place](#)

Moorlands Caring Alliance

Wednesday 13 October 10.00 – 12.00

Open only to
organisations in
Teignbridge

An invitation to voluntary, community, statutory and public sector organisations providing health and wellbeing support to the Moorlands community to come together to:

- Engage in new developments for the Moorlands area
- Meet with service providers from different sectors in the Moorlands locality
- Identify opportunities for partnerships and collaborative working
- Identify gaps in provision and explore possible solutions
- Share news of their own service

To book a place email Katie Chaplin on services@teigncvs.org.uk

Reducing Isolation Forum

Tuesday 19th October 10 – 11.30

Open only to
organisations in
Teignbridge

An opportunity to share ideas, good practice on how voluntary sector organisations have been creative in reducing isolation. Theme/Guest speaker to be confirmed.

Please contact elaine@teigncvs.org.uk if you wish to attend or would like to propose a particular issue to be addressed at the forum.

An Exploration of our Professional Boundaries

Thursday 21 October 10.00 - 12.30

Facilitated by Libby Turrell

**£25 for VCSE
£35 others**



The session aims to:

- explore professional boundaries, why we have them and how we can use them positively
- reflect upon the differences between being a friend/professional worker
- think about how much personal information to share about yourself
- consider phone interventions; how we can use skills and strategies to stay on track with the people we work with
- look in particular at how we positively end interventions
- to be curious about our practice, what may work, what may not, and what informs the way we work.

[Click here to book a place](#)

NOCN Level 2 Award Managing Volunteers

(Skills in Employment, Training and Personal Development)

6 weeks on Wednesdays

Beginning on 3rd November 9.30 - 12.30

Facilitated by Anja Kroening-Maynard (TCVS)

**£120 for VCSE
£160 others**

This course covers the following:

- Getting ready to involve volunteers
- Legal issues involving volunteers
- Recruiting volunteers
- Selection and induction of volunteers
- Supervising and supporting volunteers
- Retaining and leading volunteers



[Click here to book a place.](#)

November and December

Roles and Responsibilities of Trustees

Tuesday 4 November 10.00 – 12.00

Facilitated by Jill Davies

This session is for anyone new to being a charity trustee, considering the role or just wanting a reminder of what it's all about. Interactive exercises aim to give attendees a better understanding of a charity trustee's role and responsibilities within the context of their own organization.

**£20 for VCSE
£30 others**

To book a place email events@southhams cvs.org.uk

Newton Abbot Caring Alliance

Tuesday 16 November 10.00 – 12.00

**Open only to
organisations in
Teignbridge**

An invitation to voluntary, community, statutory and public sector organisations providing health and wellbeing support in Newton Abbot to come together to:

- Engage in new developments for the Newton Abbot area
- Meet with service providers from different sectors in the Newton Abbot I locality
- Identify opportunities for partnerships and collaborative working
- Identify gaps in provision and explore possible solutions
- Share news of their own service



To book a place email Katie Chaplin at services@teign cvs.org.uk

Mental Health First Aid

16th, 18, 23, 25 November 10am-1pm

£49pp

This **15-hour Mental Health First Aid** course spaced over **4 live sessions** and **4 self-learning activities** is a practical skills and awareness course designed to equip learners with the skills and confidence to spot the triggers and signs of mental health issues, and provide support and signposting to self-help, or professional services.



Please note the usual cost of this course would be £300 and is being subsidised for voluntary and community groups by NDVS to support voluntary sector re-engagement and COVID recovery.



[Click here to book a place.](#)

Strength Based Conversations

Thursday 2 December 10.00 -1.00

Facilitated by Katie Chaplin (TCVS)

£25 for VCSE
£35 others

This session will include the context, background and meaning of a “strength based approach”, identifying and practising the skills required to have person centred conversations with your clients and how to begin to support people to make meaningful changes to improve their health and wellbeing

[Click here to book a place.](#)



Watch this space...

We are currently in the process of planning an Equality, Diversity and Inclusion Conference in South Devon for early December, so please let us know if you would like to see any particular workshops included in the program!